

FEEDING OUR CHILDREN – CHAPTER REFERENCES

FEEDING *Our* CHILDREN

A COMPREHENSIVE GUIDE *for* HAVING A HEALTHY, THRIVING CHILD
DURING THEIR FIRST THOUSAND DAYS *and Beyond*

THOMAS FLASS, MD, MS

FEEDING OUR CHILDREN – CHAPTER REFERENCES

This is the accompanying PDF document to the book *Feeding Our Children*. This document contains the numbered endnote references that correspond to the superscripted citations in each chapter. It is meant for the reader that wishes to pursue a particular topic more fully, or to examine the evidence supporting one of the concepts explored in this book.

This bibliography was created using a popular reference manager, so minor errors in citations may exist that were not caught during the editing process. Please excuse any such errors, as they were unintentional.

This document may be updated periodically if new supportive literature is published. Any new references will be added onto the end of the bibliography for the related chapter, and will be highlighted as such.

Endnotes

Chapter 1- Laying the Foundation for a Healthy Life

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Endnotes

Chapter 7- Minimizing Exposure to Toxins and Pollutants

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Endnotes

Chapter 12- Common Nutrient Deficiencies in Kids

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Endnotes

Chapter 13- Food Allergies and Intolerances

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Endnotes

Chapter 19- Diet and the Child's Brain

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